

Message Series Group Discussion Oct 10-11

INFO	
Series	Dangerous Prayers
Sermon	Search Me
Main Idea/Summary	An examined soul is a healthy soul.
Scripture	Psalms 139, Jeremiah 17:9

QUESTIONS	
About God	God is “the God who knows us”. While that can seem intimidating at first, it’s also true that one who KNOWS the most, is actually the one who LOVES the most. Does this concept concern or comfort you? Explain reasons for both.
About Me	2020 has been a year for anxious thoughts. When our worry is up, our trust is down. Being open to God’s examination of self, allows Him to bring peace over our anxiety. How have you seen this play out in your life? What do you still need to bring into the light?
Community	What things in the community (or in the world) keep you from seeing God’s activity in your daily life? What activities/disciplines bring you closer to God, allowing you to be consciously aware of His presence? Go deeper: why do we (or others) often choose the things that keep us blind?
Mission	Think about your typical day. How much of it is self-led and how much of it do you allow God to lead? When we are open to God’s plans and aware of His movement and activity in our life, we are more likely to see where He is leading. How would paying attention to life’s interruptions, and treating them as assignments from God, change your day? And in turn, how would changing your day impact God’s mission?
Action	Spend time this week getting quiet with God. Remove distractions and adopt the prayer of examen, inviting the Holy Spirit to search your heart. Read Psalm 139. Don’t worry if you lose focus after 30 seconds. Discipline takes practice. Don’t give up!

Father, thank you for knowing us and continuing to love us well. We know that our heart deceives us and that we are often un-self aware. It’s so easy to lie, especially to ourselves. We desperately need regular spiritual check-ups to stay aware of your movement in our lives. Bring us into your will, Lord. Search our hearts and know our anxious thoughts. Reveal our offenses, Lord, and let us see you. Amen.